

Name : 2024 A&R Memorial Results

Site : CrossFit Nanaimo

City : Nanaimo

Date: 2024-02-03

Hercules
 Organizer : Weightlifting Club

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch				Clean&Jerk				Total	Rank	Sinclair
							1	2	3	Max	1	2	3	Max			
W 45																	
41	Fung	Lexi	W 45	43.20	FWC	2010	45	47	50	50	56	59	62	62	112	1	194.293
W 49																	
27	Jayawardane	Kushini	W 49	48.50	DYN	1992	50	52	54	54	60	63	66	66	120	1	189.144
W 55																	
35	Kubota	Yuka	W 55	54.50	LAX	1982	56	(64)	64	64	73	(80)	(80)	73	137	1	197.879
24	Karaliolios	Maria-Ashley	W 55	55.00	DYN	1988	55	57	(59)	57	68	72	(75)	72	129	2	185.127
61	Tan	Tanya	W 55	54.70	SWC	1978	48	50	52	52	58	61	63	63	115	3	165.673
W 59																	
44	Chen	Vivian	W 59	57.10	DYN	1990	55	58	(60)	58	70	(72)	(72)	70	128	1	179.004
W 64																	
37	Rowed	Genevieve	W 64	64.00	UXX	1994	55	(60)	62	62	77	(81)	83	83	145	1	188.540
6	Zecher	Tegan	W 64	62.90	UXX	2007	(57)	(57)	57	57	78	80	82	82	139	2	182.644
25	Villa	Martina	W 64	62.60	UBC	1997	55	58	(61)	58	(76)	76	(80)	76	134	3	176.591
59	Mackenzie	Janna	W 64	62.00	HWC	1979	54	57	(60)	57	68	71	74	74	131	4	173.667
10	Li	Tina	W 64	59.50	MWC	2008	20	22	24	24	(24)	26	29	29	53	5	72.123
17	Sun	Rachel	W 64	62.10	MWC	2008	18	20	22	22	24	26	29	29	51	6	67.543
W 71																	
46	Phan	Sandy	W 71	70.20	UBC	1998	74	77	81	81	97	101	(105)	101	182	1	224.551
36	Herschler	Hannah	W 71	64.80	HWC	2005	62	64	66	66	80	82	84	84	150	2	193.605
67	Fuglem	Naomi	W 71	65.20	SWC	1992	61	64	67	67	76	79	(82)	79	146	3	187.761
63	Doroteo	Anna Mae	W 71	66.30	DYN	1993	35	38	41	41	55	58	61	61	102	4	129.907
68	Stewart	Ruth	W 71	68.30	UXX	1954	26	28	(30)	28	36	38	40	40	68	5	85.163
2	Liu	Nina	W 71	64.50	MWC	2008	27	29	31	31	30	33	36	36	67	6	86.715
31	Kuang	Connie	W 71	70.60	DYN	1999	59	(61)	(61)	59	(81)	(83)	(83)	-	-	-	-
W 76																	
16	Golsteyn	Madison	W 76	76.00	AEW	1997	30	35	(40)	35	45	50	53	53	88	1	104.276
W 81																	
47	Turner	Krista	W 81	78.30	HWC	1989	55	57	(59)	57	77	(80)	80	80	137	1	160.073
56	Yue	Maya	W 81	81.00	LAX	1979	43	46	48	48	60	64	68	68	116	2	133.485
W 87																	
29	Donovan	Brittany	W 87	86.50	SWC	1990	50	52	54	54	65	68	71	71	125	1	139.967
W >87																	
4	Liu	Vinnie	W >87	97.30	CWC	1989	51	54	58	58	80	84	(88)	84	142	1	152.534
60	Jackson	Emma	W >87	95.30	HWC	1996	45	47	50	50	59	(62)	62	62	112	2	121.111
23	Daliri	Lena	W >87	100.60	MWC	2009	26	28	30	30	29	32	35	35	65	3	69.124
M 61																	
14	Lacomel	Darryn	M 61	61.00	UBC	1995	(80)	80	(84)	80	96	(101)	105	105	185	1	281.201
8	Sierra	Lorenzo	M 61	60.40	UBC	2000	(76)	77	80	80	88	92	(96)	92	172	2	263.330
M 67																	
20	Li	Owen	M 67	66.60	MWC	2008	35	38	41	41	45	49	52	52	93	1	132.961
1	Fong	Eric	M 67	66.60	CWC	2002	103	111	(116)	111	-	-	-	-	-	-	-
M 73																	
43	Bao	Anthony	M 73	70.60	MWC	2008	40	43	46	46	57	61	64	64	110	1	151.400
18	Sara	Ajay	M 73	69.40	AEW	2009	25	30	33	33	45	50	(53)	50	83	2	115.496
42	Lam	Daniel	M 73	71.30	UBC	1999	(78)	(78)	(78)	-	95	(100)	-	95	-	-	-
M 81																	
57	Vowles	Devin	M 81	80.50	FWC	1998	(115)	115	120	120	150	(160)	160	160	280	1	356.571
28	Jenne	Kevin	M 81	81.00	HWC	2003	87	91	94	94	114	118	121	121	215	2	272.867
38	Vo	Peter	M 81	80.50	CWC	1990	90	(95)	(96)	90	116	121	(126)	121	211	3	268.702
13	Liu	Xiang Kun	M 81	80.00	FWC	1994	92	95	98	98	108	112	(115)	112	210	4	268.351
30	Fischer	Cole	M 81	78.20	FWC	1996	88	(92)	(92)	88	108	(112)	112	112	200	5	258.862
22	Wang	Jonathan	M 81	77.90	DYN	1994	85	(88)	(88)	85	105	110	(115)	110	195	6	252.945
55	Dueck	Curtis	M 81	79.40	LWM	1989	83	(86)	(86)	86	103	106	(110)	106	192	7	246.381
21	Miller	Aidan	M 81	81.00	DYN	1999	68	72	76	76	93	98	105	105	181	8	229.716
7	Dairon	Liam	M 81	78.70	FWC	2008	(72)	72	(75)	72	90	95	100	100	172	9	221.818
33	McMath	Liam	M 81	79.80	KWL	2004	(50)	50	53	53	63	67	(71)	67	120	10	153.557
M 89																	
54	Cheung	Thomas	M 89	87.80	DYN	1995	110	115	120	120	130	135	141	141	261	1	317.604
5	Williams	Randy	M 89	87.40	HWC	1991	102	106	109	109	131	136	141	141	250	2	304.911
12	Formales	Joshua	M 89	86.40	UXX	1994	96	100	103	103	121	126	130	130	233	3	285.827
9	Stokes	Rory	M 89	83.90	UXX	1997	97	101	(105)	101	123	(129)	130	130	231	4	287.697
50	Richards	Michael	M 89	88.70	UXX	1993	90	95	100	100	115	122	(126)	122	222	5	268.791
64	Phillips	Kieran	M 89	87.50	SWC	2000	90	(93)	(96)	90	110	115	121	121	211	6	257.198
39	Forbes	Liam	M 89	88.10	UXX	2005	81	87	(92)	87	107	113	(119)	113	200	7	242.964
3	Pooni	Jace	M 89	85.30	AEW	2009	(67)	67	(71)	67	85	(90)	(90)	85	152	8	187.686
15	Shih	Andersen	M 89	88.10	MWC	2007	48	51	(54)	51	62	66	71	71	122	9	148.208
49	Hartwick	Kevin	M 89	89.00	PPL (G)	1989	(109)	(109)	-	-	-	-	-	-	-	-	-
M 96																	
26	Ross	Callum	M 96	94.60	HWC	1990	88	(91)	(91)	88	108	112	(117)	112	200	1	234.937
51	Yang	Peter	M 96	94.30	SWC	2000	(71)	71	75	75	100	105	(110)	105	180	2	211.746
34	Schellenberg	John	M 96	93.50	UXX	2006	70	(74)	74	74	90	95	98	98	172	3	203.120
52	Sundby	Eric	M 96	95.20	FRG	1951	37	39	40	40	40	43	(45)	43	83	4	97.223

11	Pretty	David	M 96	90.40	AEW	1995	(95)	(95)	(95)	-	(115)	115	(120)	115	-	-	-
65	Lim	Joshua	M 96	90.20	CWC	1992	(96)	(96)	(96)	-	116	121	126	126	-	-	-

M 102																	
48	Skelcher	Kevin	M 102	98.50	HWC	1979	(100)	101	(106)	101	120	125	(130)	125	226	1	260.834
32	Hachey	Alex	M 102	98.60	MWC	2008	42	44	46	46	52	55	58	58	104	2	119.978

M 109																	
40	Back	Samson	M 109	105.70	AEW	2002	(95)	(95)	(95)	-	120	(125)	(125)	120	-	-	-

M >109																	
58	Du	Darren	M >109	120.40	DYN	1994	(115)	115	(120)	115	150	(155)	(155)	150	265	1	284.450